



headspace
National Youth Mental Health Foundation

Join the headspace Western Sydney Youth Advisory Committee!

headspace Parramatta, Mount Druitt, Penrith, and Castle Hill are currently recruiting to the Youth Advisory Committee.

If you are an Aboriginal or Torres Strait Islander person aged between 12 and 25 and want to make a difference to the mental health and wellbeing of young people in your area, then we are looking for people just like you!

The Youth Advisory Committee meets fortnightly to:

- provide feedback on headspace services
- help improve and evaluate headspace services
- discuss barriers to young people in the local area seeking help
- participate in community events
- and much more!

If you'd like to hear more about this opportunity please send an email to

veronica.sheanoda@parramattamission.org.au or give her a call on 0433696556.

How?

Go Online and fill out the application form today! Visit the [headspace Parramatta](#), [Mount Druitt](#), [Castle Hill](#), or [Penrith](#) website.

OR

Fill out the application form [here](#).

If you have any questions about this opportunity or would like to learn more, contact the Youth and Family Participation Coordinator by emailing veronica.sheanoda@parramattamission.org.au

