

# mid-year higher education 2025

YOUR GUIDE TO ABORIGINAL AND TORRES STRAIT ISLANDER HIGHER EDUCATION

## Helping young people thrive

LEAH-ROSE Hart always had a passion to work with others in need. And as she got older, she noticed that her need for helping troubled young people had grown too. When she moved to Queensland with her family in 2019, Leah-Rose decided to pursue a path with deep purpose and significance. She enrolled in a Certificate IV in Youth Work (CHC40421) at TAFE Queensland, so she could start helping the young people in her community who were struggling. "I want to be able to support them, grow their vision, and also help them to grow into the best version of themselves," she said. A proud Indigenous woman with connections to the Gundungurra and Darug peoples of Katoomba in the Blue Mountains, Leah-Rose is the first person in her immediate family to study with TAFE Queensland. "I've really enjoyed learning how to help troubled youth work through their struggles to become

a better person." "I've also really enjoyed doing the mental health side of things – I've been able to relate in many ways. Mental health is such a big issue in our youth community," she said. It's not just the interesting course content she enjoys. Leah-Rose also credits the learning support coaches for helping her get through her studies. Whenever the content feels stressful or overwhelming, she reaches out to her support coach for help managing the course load. Talking through these challenges and learning how to overcome them has given her confidence with her studies. "I honestly would not have been able to get through without three amazing team members in the student support team that I have met doing this course." "I know the learning support staff are committed to each and every student, their abilities, and meeting their needs so that they can learn in a way best suitable

for them," she said. Leah-Rose is set to graduate from her course in mid-2025, but learning about mental health has led to a new interest and passion. "I actually want to come back and do further study. Once I finish doing youth work – I want to come back and look at doing something around mental health counselling, to get into a further field, to be able to provide the best for the next generation," she said. Leah-Rose set herself on a path of deep purpose and significance which she credits to the supportive and inclusive learning environment at TAFE Queensland. "Never be afraid to ask for additional support because they truly live up to their high standard of training." Here, I feel like my voice is heard... and that's amazing," she said. TAFE Queensland provides flexible learning options that help anyone, anywhere follow their passion into rewarding and purposeful careers.



TAFE Queensland student Leah-Rose Hart is pursuing her passion to help young people in need.

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