

Mental Health Consumer Peer Worker Deniliquin and Griffith

- **Salary Packaging – up to \$9k for living expenses + \$2.6k meal & entertainment + \$9k remote area housing + novated leasing**
- **Corporate Health and Fitness program**
- **Flexible working arrangements**
- **Genuine welcoming and supportive staff and communities**
- **Career development opportunities**
- **Temporary Part-Time (until 30 June 2023)**

Known for our innovative consumer focused models of care which are designed for the rural and regional population we serve, our Mental Health teams provide critical services within acute, sub-acute and community settings throughout the Murrumbidgee Local Health District.

As a member of our team you will have the opportunity to work within talented multidisciplinary environments, have excellent support with ongoing development and access to key technologies connecting you with colleagues and consumers based throughout the District.

Our multidisciplinary teams provide career paths for both nursing and allied health staff, new graduates and established professionals. We are committed to providing safe, effective, quality care through listening to consumers and continually exploring ways to do it better.

Want to learn about the [Deniliquin](#) and [Griffith](#) lifestyle?

This position has been designated as a targeted role. Preference will be given to persons of Aboriginal or Torres Strait Islander descent.

Stepping Up aims to assist Aboriginal job applicants by providing information about applying for roles within NSW Health. For more information, please visit: steppingup.health.nsw.gov.au

The Aboriginal identified Consumer Peer Worker will work within the MyStep to Mental Wellbeing Program to provide appropriate and effective support to consumers accessing or considering connecting with the MyStep to Mental Wellbeing Program. Advocacy and consultation to local Aboriginal people residing in the Western and Border Murrumbidgee region will be an essential part of this role.

As a Consumer Peer Worker, your own life experience of mental health issues and personal recovery will provide a distinct advantage as you support consumers with mental health issues. You will aim to nurture hope and personal power to inspire the consumers that you support to identify their own strengths and set goals which help them move forward with their lives.

The Consumer Peer Worker will work collaboratively as part of the multidisciplinary team to implement effective and planned peer led recovery activities as agreed and appropriate within the service.

Before applying for a Consumer Peer Work position, applicants need to understand that being a Peer Worker means you will be drawing on your lived experience of mental health issues in the everyday duties of your work.

Essential qualities for this position include:

- Own lived experience of mental health issues,
- Practical knowledge and understanding of issues experienced by people with mental ill health,
- Understanding of the recovery process and ability to model a lived experience of recovery,
- Capacity to share one's own story appropriately in a variety of contexts,
- Ability to establish relationships and build rapport while maintaining appropriate boundaries, and
- Ability to manage your own wellness, including the identification of strategies for staying well whilst working with emotionally challenging and complex situations. This may include participation in group and individual supervision or mentoring.

Follow MLHD on FB, LI and Instagram and visit:

mlhd.health.nsw.gov.au/careers

Advertising Closes: 6 October 2022

Applications must be lodged electronically. Please go to jobs.health.nsw.gov.au and search Job Reference Number [REQ341953](#)